




Our Mountain Guides

GÉRARDMER
Hautes Vosges

A photograph of three cyclists riding on a dirt trail through a lush green forest. The cyclist in the foreground is a woman wearing a white t-shirt, grey shorts, and a grey helmet. The cyclist in the middle is a woman wearing a black t-shirt, black shorts, and a black helmet. The cyclist in the background is a man wearing a blue t-shirt, black shorts, and a blue helmet. The trail is surrounded by tall grass and dense trees with vibrant green leaves.

Do you feel like going for a hike, Nordic walking, a cycling trip, or trying trail running without any hassle? Are you looking for a forest bathing experience to reconnect with nature and with yourself?

Choose guided outings and let yourself be led by qualified professionals. All year round, they offer themed outings tailored to all audiences.

It's the guarantee of discovering the Vosges countryside off the beaten track, in complete safety. It's also the guarantee of enjoying yourself without any logistical worries.



Regional Nature Park values



Forêt L'Effet Vosges



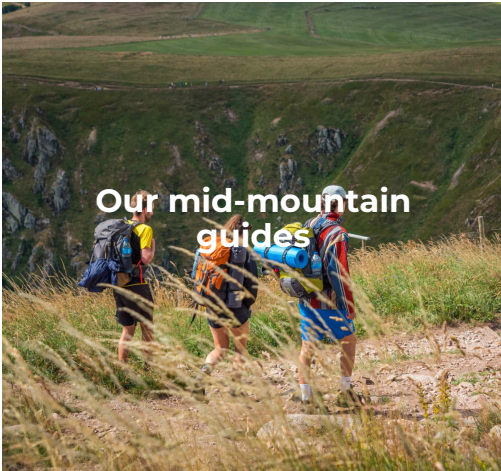
German



English



animals accepted



Aventure Rando Olivier - Mountain Leader



Presentation: Set off on an adventure! hiking, Nordic walking, trail running or snowshoeing. Do you appreciate the support of a professional during your hikes or getaways? Do you enjoy discovering nature and sharing new sensations? I'm at your service.

📞 07 85 72 99 28
✉ olivier.thorner@orange.fr



Frédérique Zeidler - Mountain Leader



Presentation: Come and discover female accompaniment in the mountains ! Discover the riches of the mountains all throughout the year : outings with chamois lifestyle discovery, going on a treasure hunt, going on a snowshoe track, going on a Robinson kid's trail...

☎ 06 63 08 66 30

✉ frederique@randonnee-vosges.fr



Sens À Sons Nature - Mountain Leader



Presentation: Sylvie offers a wide range of original activities in the heart of nature. MUSICAL TRAIL. From age 3 A short walk of around 2 hours, depending on your improvisations, punctuated by tales and stories, in the commune of Sapois... From age 2.

☎ 06 06 41 86 49

✉ sensasons-nature@orange.fr



Gérardmer Bike - Mountainbike School Lac De Gérardmer



Presentation: - Mountain bike school: private lessons, courses: initiation and improvement. - Discovery rides and mountain bike raids - Electrically assisted bike rides "le vélo facile". Accessible to all from 8 years old. The youngest can be transported in a specially designed trailer.

☎ 06 81 45 81 72

✉ gerardmerbike@gmail.com



Bureau Montagne Gérardmer - Mountain Leaders



Presentation: The office offers a wide range of outdoor activities, accessible to all, to discover, share and experience the mountains in a different way.

☎ 06 27 03 64 00

✉ contact@rando-gerardmer.fr



Pierre Guidat - Mountain Leader



Presentation: Half-day, night, day and short-stay walks and hikes on foot or snowshoes. Family outings, even with toddlers. A la carte hikes for individuals, couples, families or friends. We welcome people with disabilities.

☎ 06 81 80 15 42

✉ guidatpierre@free.fr



Mountain Hiking - L'Autre Montagne



Presentation: L'autre Montagne, the best way to hike: snowshoes, discovery strolls, hikes, trekking, photos, fauna, flora, nature, wellness. Introduction to astronomy: Initiation and legends. Field and snow school. Groups, associations, works council.

☎ 06 23 63 32 04

✉ jeanpaul.burte@gmail.com



Francois Fuchs - Mountain Leader



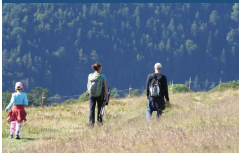
Presentation: Walks and hikes, snowshoeing, trail walking, Nordic walking, nature immersion adapted to all, with varied activities to discover nature in all its facets. Outings can be half-day, full-day or night-time, and can be private (1 to 5 people) or for groups.

☎ 06 13 45 66 03

✉ francoisfuchs88@outlook.fr



Dom Breusch - Mountain Leader



Presentation: Hiking, snowshoeing, mountain biking, electric-assisted mountain biking, cycle touring, adapted sports and leisure activities. Mountain guide and French mountain bike instructor. Nature outings all year round. Tailor-made services to suit all tastes.

☎ 06 76 70 27 83

✉ b.dom@free.fr



Gambaladons - Mountain Leaders



☎ 06 26 95 02 73

✉ gambaladons@gmail.com



Laurent Cahon Accompagnateur En Montagne



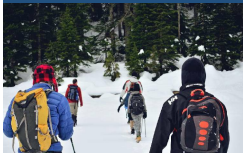
Presentation: Since 1997, Laurent has been delighted to help you discover all the riches of the Vosges Massif, from fauna and flora to local history.

☎ 06 73 33 31 35

✉ laurentcahon88@gmail.com



Destination Sport Nature



☎ 06 20 65 93 16

✉ olivier@destinationsportnature.com



BMHV - Mountain Guides



Presentation: Themed hikes, mountain biking, Fatbike, snowshoeing, Nordic walking, forest bathing. A wide range of themed activities and hikes, accessible to all, to discover the riches of the Vosges Massif. Services on offer: - Theme hikes: chamois watching, peat bogs and glacial lakes, Nordic walking and forest bathing.

☎ 06 85 07 13 06

✉ bmhv88@gmail.com



Esprit Libre - Accompagnateur En Montagne



Presentation: Welcome to Esprit Libre! Nature immersions and bivouacs in the Vosges. Experience an out-of-this-world adventure in the heart of the Vosges mountains. Nights in a hammock, immersive hikes, evenings under the stars, forest walks and reconnection with the essentials around Gérardmer.

☎ 06 38 16 80 91

✉ espritlibrevosges@gmail.com



Suggestions de sorties accompagnées

Nos accompagnateurs vous invitent à découvrir la nature à travers une randonnée guidée, un moment de détente alliant sensibilisation à l'environnement et plaisir de vivre une expérience enrichissante au cœur de la nature.

Bureau Montagne Gérardmer - Tarif individuel / Tarif forfait -

Géocaching en forêt

Initiation bivouac

Dom Breusch - Tarif individuel / Tarif forfait -

Rando à pied « Traces et indices d'animaux »

Dès 3 ans

Sortie VTT balade famille demi-journée

Sortie VTT électrique demi-journée

Bureau Montagne Hautes Vosges - Tarif individuel / Tarif forfait -

Balade observation des chamois

Balade en VTT électrique

Lauren Cahon - Tarif individuel / Tarif forfait -

Week-ends et séjours itinérants

Frédérique Zeidler - Tarif individuel / Tarif forfait -

Enterrement de vie de jeune fille/garçon en pleine nature

Traversée des Vosges (de 4 à 7 jours)

Sens à Sons - Tarif individuel / Tarif forfait -

Sylvothérapie

Sentier musical

Maison des sons Nature

Tarif forfaitaire : Tarif unique pour un groupe lors d'une sortie privative

Tarif individuel : Tarif par personne, applicable dans une sortie partagée avec d'autres participants formant un groupe

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